



अक्षर
विद्या मन्दिर
THE SMART SCHOOL

AKSHAR VIDYA MANDIR
Syllabus of Grade VII
2079 (2022-23)

Grade VII**Subject: English**

Month	Topic
Baisakh (April-May)	English I Work Book: Ch 1 A Close Encounter with a Dolphin English II: Ch 1 The Sentence Ch 2. Kinds of Sentences
Jestha (May-June)	English I Student's Book- Ch 1 Our World At Risk Ch 2 Travel and Tourism Work Book Ch 2. Wel-come to Tansen, Ch 3. A Dog's Life English II Ch 3. Parts of Speech Ch 4 Pronouns Ch 5. Adjectives, Paragraph Writing Creative writing Ch 1 What Do You See? Ch 2 Dr Jekyll ? Mr Hyde?
Ashad (June-July)	English I Student's Book- Ch 3 Humour English II Ch 6. Articles Ch 7. Verbs, Ch 22 Phrasal Verbs, Writing an Essay Creative writing Ch 3 Before the end Ch 4 Gone with the Wind
Shrawan (July-August)	Revision for I Term English I Workbook Ch 4 Modern Gadgets
Bhadra (August-September)	English I Student's Book: Ch 4 A Balanced Life, Ch 5 Home Is Where the Heart Is Workbook: Ch 5 The Grateful Tenant, English II: Ch 8. Modal Verbs Ch 9. Present Tense Ch 10. Past Tense Ch 11. Future Tense Creative writing Ch 5 You Said it Ch 6 Fun and formal
Ashwin (September-October)	English I Student's Book: Ch 6 Education Workbook: Ch 6 The Scout Movement, English II: Ch 12. Questions Ch 13. Question Tags 14. Active and Passive, Letter Writing Creative writing Ch 7 From me to you Ch 8 As you like it
Kartik (October- November)	English II Ch 23 Word Fomation Ch 24 Antonyms, Story Writing Revision for II Term
Mangsir (November-December)	English I Student's Book: Ch 7 Scientific Temper, Work Book Ch 7 Turtle-Man of Orissa English II Ch 15 Adverbs, Ch 16 Prepositions Creative writing Ch 9 A holy Day ? Ch 10 A little bird told me
Poush (December-January)	English I Student's Book: Ch 8 Make Your Dream Come True Work book Ch 8 The Tata Story English II Ch 17 Conjunctions Ch 18. Direct and Indirect Speech Creative writing Ch 11 Do, Does, Did Ch 12 It all began only to end Ch 13 It so happen today
Magh (January - February)	English I: Ch 9 The Arts Work book Ch 9 The Rock Garden , English II: Ch 19. Sentences –Simple, Compound, Complex , Ch 20 Subject-Verb Agreement, Word Formation Ch 24. Synonyms, Diary Writing Creative writing Ch 14 what your Rashee ? Ch 15 May I have your kind attention please Ch 16 What's in a name?
Falgun (February- March)	English I Student's Book Ch 10 Mystery Workbook Ch 10 Solve This ! English II, Ch 21 Punctuation and capitalization, Ch 25 Words Easily Confused, Notice Writing Creative writing Ch 17 Chasing the clock Ch 18 Resolved Ch 19 Question Hours
Chaitra (March- April)	Revision for Final Term

Syllabus For Unit Test and Terminal Examination	Chapter	RRWDS
First Term Unit Test First Term Exam	I-Unit Test: English I Ch 1 Workbook- Ch 1 English II: Ch 1,2 II-Unit Test: English I Student's Book- Ch 1 Workbook- Ch 2 English II Ch 3,4 First Term Exam: English I Student's Book- Ch 1,2,3 Workbook- Ch 1,2,3 English II: Ch 1 to 7, paragraph writing, essay writing	On killing a tree
Second Term Unit Test Second Term Exam	I-Unit Test: English I Student's Book- Ch 4 Workbook- Ch 4 English II: Ch 8, 9 II-Unit Test: English I Student's Book- Ch 5 Workbook- Ch5 English II: Ch 10,11 Second Term Exam: English I Student's Book- Ch 4 to 6 Workbook- Ch 4 to 6 English II: Ch 8 to 14, letter writing and story writing	The Quiet Life Homework I love you
Final Term Unit test Final Term Exam	I-Unit Test: English I Student's Book- Ch 7 Workbook- Ch 7 English II: Ch 15,16 II-Unit Test: English I Student's Book- Ch 8 Workbook- Ch 8 English II: Ch 17,18 Final Term Exam: English I Student's Book- Ch 7 to 10 Workbook- Ch 7 to 10 English II: Ch 2,5,7,9,13,14,15 to 24, Diary writing and notice writing	Sailing out to space The sound of music

Month	Topic
Baisakh (April-May)	Unit- 1 We and our society Lesson 1,2,3,4
Jestha (May-June)	Unit- 1 We and our society Lessons 5 and 6 Unit -2 Our Human Values and Norms Lessons 1,2,3,4,5
Ashad (June-July)	Unit -2 Our Human Values and Norms Lessons 6 and 7 Unit -3 Civic Awareness, Duties and Rights Lesson 1
Shrawan (July-August)	Unit -3 Civic Awareness, Duties and Rights Lessons 2,3,4,5, 6,7 and 8 Revision for First Term
Bhadra (August-September)	Unit -4 Social Problems and their Solutions Lessons 1,2,3
Ashwin (September-October)	Unit -5 Our Past Lesson 1,2,3,4,5
Kartik (October- November)	Unit – 6 Economic Activities of Nepal, Lesson 1,2,3
Mangsir (November-December)	Unit – 6 Economic Activities of Nepal, Lesson 4 and 5 Revision for Second Term
Poush (December-January)	Unit – 7 Our Earth, Lesson 1,2,3,4,5
Magh (January - February)	Unit – 8 Our Population , Lesson 1,2,3,4,5
Falgun (February- March)	Unit – 9 International Relations, Information Technology and Current Affairs, Lessons 1,2,3,4
Chaitra (March- April)	Revision for Final Term

Syllabus For Unit Test and Terminal Examination	Chapter
First Term Unit Test	I-Unit Test: Unit 1, Lessons 1 and 2 II-Unit Test: Unit 2
First Term Exam	First Term Exam: Unit 1,2 and 3
Second Term Unit Test	I-Unit Test: Unit 4 , Lesson 1,2 II-Unit Test: Unit 6 Lesson 5,6
Second Term Exam	Second Term Exam: Unit 4,5,6
Final Term Unit Test	I-Unit Test: Unit 7, Lesson 1,2 II-Unit Test: Unit 9
Final Term Exam	Final Term Exam: Unit 1,2,3,4,5,6,7,8,9

सि.नं.	महिना	पाठ र विषयसूची
१.	वैशाख	१.शब्द २ शब्द वर्ग क.नाम ख.सर्वनाम
२.	जेठ	ग.विशेषण घ.क्रिया ड. क्रियाविशेषण च.नामयोगी छ. संयोजक ज.विस्मयादिबोधक भ.निपात ३.निबन्ध लेखन
३.	असार	४.व्याकरणिक कोटि क.लिङ्ग ख.वचन ग.पुरुष
४.	साउन	४.व्याकरणिक कोटि घ.आदर पाठ स्मरण (प्रथम त्रैमासिक परीक्षा)
५.	भदौ	५ पदसङ्गति ६.प्रेरणार्थक ७.वर्णविन्यास ८. करण-अकरण
६.	असोज	९.काल र पक्ष १० चिठी लेखन ११.भाव वा अर्थ
७.	कात्तिक	१२ कारक र विभक्ति १३ वाक्य १४ वाच्य
८.	मङ्सिर	१५.शब्द निर्माण पाठ स्मरण (दोस्रो त्रैमासिक परीक्षा)
९.	पुस	१६ उखान र टुक्का १७.पठन बोध
१०.	माघ	१८.जीवनी लेखन १९.वादविवाद लेखन २० कथा लेखन
११.	फागुन	२१.बुँदा टिपोट र सारांश लेखन २२.शब्दभण्डार <ul style="list-style-type: none"> ● पर्यायवाची शब्द ● लघुतावाची शब्द ● श्रुतिसमभिन्नार्थक शब्द ● अनुकरणात्मक शब्द ● विपरी तार्थक शब्द ● सिङ्गो/सार शब्द ● अनेकार्थक शब्द
	चैत	पाठस्मरण कक्षा (वार्षिक परीक्षा)रसफलताको मूल्याङ्कन

एकाइ / त्रैमासिक परीक्षा विषयसूची:

सि.नं.	परीक्षाको किसिम	पाठ/एकाइहरु
	एकाइ परीक्षा	क) पाठ:-१ र २ ख)पाठ:-३ र ४
	प्रथम त्रैमासिक परीक्षा	पाठ:-१,२,३ र ४
२.	एकाइ परीक्षा	क) पाठ:-५ र ६ ख)पाठ:-७,८ र ९
	दोस्रो त्रैमासिक परीक्षा)	पाठ:-५,६,७,८,९,१०,११,१२,१३,१४,१५
३.	एकाइ परीक्षा	क) पाठ:-१५ र १६ ख)पाठ:-१७ र १८
	वार्षिक परीक्षा	पाठ:-१६,१७,१८,१९,२०,२१,२२ र थप सबै पाठ

कक्षा: ७(सात)

विषय: सुनगाभा नेपाली शृङ्खला

सि.नं.	महिना	विषयसूची
१.	वैशाख	पूर्व स्मरण कक्षा शिक्षण १.कलमवीर (कविता)
२.	जेठ	२.अष्टावक्र (लोककथा) ३.नाफाको जीवन (संस्मरण)
३.	असार	४.बुवालाई चिठी (चिठी)
४.	साउन	५.जगदीश घिमिरे (जीवनी) पुन : स्मरण कक्षा (प्रथम त्रैमासिक परीक्षा)
५.	भदौ	६.रिस (कविता) ७.सङ्गत (कथा)
६.	असोज	८. सिद्धार्थको करुणा (नाटक) ९.किरात संस्कृति (निबन्ध)
७.	कात्तिक	१०. नेपाल नन्दन (कविता) ११.फुच्ची हिरो (कथा)
८.	मङ्सिर	पुन : स्मरण कक्षा (दोस्रो त्रैमासिक परीक्षा)
९.	पुस	१२.मार्टिन लुथर किङ्ग (जीवनी) १३ विज्ञान अभिशाप नभई वरदान हो । (वादविवाद)
१०.	माघ	१४.रुख र मान्छे (कविता) १५. बर्थडे गिफ्ट (कथा)
११.	फागुन	१६.प्रविधिक शिक्षा (निबन्ध)
१२.	चैत	पुन : स्मरण कक्षा (वार्षिक परीक्षा) र सफलताको मूल्याङ्कन

एकाइ / त्रैमासिक परीक्षा विषयसूची:

सि.नं.	परीक्षाको किसिम	पाठ/एकाइहरू	भाषिक सीप(RRWD)
१.	एकाइ परीक्षा	क) पाठ:-१,२ ख)पाठ:-२,३	१. कलमवीर (कविता)
	प्रथम त्रैमासिक परीक्षा	पाठ:-१,२,३,४ र ५	
२.	एकाइ परीक्षा	क) पाठ:-६,७ ख)पाठ:-८,९	६. रिस (कविता) १०. नेपाल नन्दन (कविता)
	दोस्रो त्रैमासिक परीक्षा)	पाठ:-६,७,८,९,१० र ११	
३.	एकाइ परीक्षा	क) पाठ:-१२,१३ ख)पाठ:-१४,१५	१४.रुख र मान्छे (कविता)
	वार्षिक परीक्षा	पाठ:-१२,१३,१४,१५,१६ र थप ३,५,८	

Grade: VII**Subject: Computer**

Month	Topic
Baisakh (April-May)	Chapter 1 – Introduction to Computer Chapter 2 – Computer System
Jestha (May-June)	Chapter 3 – History of Computer Chapter 9 – Spread Sheet Application
Ashad (June-July)	Chapter 7 – Concept of Number System
Shrawan (July-August)	Revision for First Term Examination Chapter 4 – Classification of Computers
Bhadra (August-September)	Chapter 4 – Classification of Computers Chapter 5 – Types of Computer Software Chapter Chapter 6 – Operating System (Windows Environment)
Ashwin (September-October)	Chapter 8 – Microsoft Word
Kartik (October- November)	Chapter 10 – More on Presentation Software Revision for Second Term Examination
Mangsir (November-December)	Chapter 11 – Information and Communication Technology
Poush (December-January)	Chapter 12– Computer Network Chapter 13– Internet and Website
Magh (January - February)	Chapter 14 – QBASIC Programming Chapter 15 – Looping in QBASIC
Falgun (February- March)	Chapter 16 – Multimedia and Graphics Chapter 17 – Photoshop (working with Graphics)
Chaitra (March- April)	Revision for Final Term Examination

Syllabus For Unit Test and Terminal Examination	Chapter	Practical
First Term Unit Test First Term Exam	I-Unit Test: Chapter1 II-Unit Test: Chapter 2 & 3 First Term Exam: Chapter 1 to 5	Chapter 9 – Ms Excel
Second Term Unit Test Second Term Exam	I-Unit Test: Chapter6 & 7 II-Unit Test: Chapter 8 & 9 Second Term Exam: Chapter 1 to 10	Chapter 8 – MS Word
Final Term Unit Test Final Term Exam	I-Unit Test: Chapter 12 & 13 II-Unit Test: Chapter 14, 15 & 16. Final Term Exam: Chapter 1 to 17	Chapter 15 – QBASIC

Grade: VII**Subject: Moral Science**

Month	Topic
Baisakh (April-May)	Chapter 1 –Being positive Chapter 2 – The company you keep
Jestha (May-June)	Chapter 3 –How to choose your career Chapter 4 –Count your blessing
Ashad (June-July)	Chapter 5 –Objectivity) Revision for First Term Examination
Shrawan (July-August)	Chapter 6 –Meditation
Bhadra (August-September)	Chapter 7 –Leaving an impression
Ashwin (September-October)	Chapter 8 –Hard work
Kartik (October- November)	Chapter 9 –(Bold Malala) Chapter 10 –Setting priorities.
Mangsir (November-December)	Revision for Second Term Examination
Poush (December-January)	Chapter 11 –Taking criticism. Chapter 12 –Equanimity
Magh (January - February)	Chapter 13 –Bruce Lee
Falgun (February- March)	Chapter 2 , 4 ,6 and 8 Revision
Chaitra (March- April)	Revision for Final Term Examination

Syllabus For Unit Test and Terminal Examination	Chapter
First Term Unit Test	I-Unit Test: Chapter 1 & 2 II-Unit Test: Chapter 4 & 5
First Term Exam	First Term Exam: Chapter 1 to5
Second Term Unit Test	I-Unit Test: Chapter 6 &7 II-Unit Test: Chapter 8 & 10
Second Term Exam	Second Term Exam: Chapter 6 TO 10
Final Term Unit Test	I-Unit Test: Chapter 11 II-Unit Test: Chapter 12 & 13
Final Term Exam	Final Term Exam Chapter 1 to 13.

Grade: VII

Subject: Mathematics

Month	Topic
Baisakh (April-May)	Unit- 1 Set
Jestha (May-June)	Unit- 2 Arithmetic
Ashad (June-July)	Unit-2 Arithmetic
Shrawan (July-August)	Revision for First Term Unit-3 Mensuration
Bhadra (August-September)	Unit-3 Mensuration and Unit-4 Algebra
Ashwin (September-October)	Unit- 8 Statistics
Kartik (October- November)	Revision for Second Term
Mangsir (November-December)	Unit-5 Geometry
Poush (December-January)	Unit-6 Co-ordinates Geometry
Magh (January - February)	Unit-7 Transformation
Falgun (February- March)	Revision for Final Term
Chaitra (March- April)	Revision for Final Term

Syllabus For Unit Test and Terminal Examination	Chapter
First Term Unit Test	First Unit Test: Unit-1
First Term Exam	Second Unit Test:- Unit-2 (Ch-2 and 3) First Term Exam: Unit-1 and 2
Second Term Unit Test	First Unit Test: Unit- 3
Second Term Exam	Second Unit Test –Unit – 4 (Ch-13 and 14) Second Term Exam: Unit-3, 4 and 8
Final Term Unit Test	First Unit Test: Unit- 5
Final Term Exam	Second Unit Test:- Unit- 6 Final Term Exam: Unit - 2, 4, 5 and 8

Grade: VII**Subject: Science**

Month	Topics
Baishakh (April-May)	Unit-1 Scientific Learning
Jestha (May-June)	Unit – 3 Organisms and their structure
Ashad (June-July)	Unit - 4 Biodiversity and environment
Shrawan (July-August)	Unit – 5 Life Process Revision Work For First Term
Bhadra (August-September)	Unit – 5 Life Process
Ashwin (September-October)	Unit - 6 Force and motion Unit - 7 Energy in daily life
Kartik (October- November)	Unit – 8 Electricity Revision Work For Second Term Unit - 9 Matter
Mangsir (November-December)	Unit - 9 Matter Unit - 10 Materials used in daily life
Poush (December-January)	Unit - 11 The Earth and space
Magh (January - February)	Unit - 2 Information and communication technology
Falgun (February- March)	Unit - 2 Information and communication technology
Chaitra (March- April)	Revision Work For Final Term

Syllabus For Unit Test and Terminal Examination (Two Unit test in each Term)	Chapter
First Term Unit Test	I Unit Test: Unit - 1 II Unit Test: Unit – 3 and 4
First Term Exam	First Term Examination: Chapter- 1,3,4 and 5
Second Term Unit Test	I Unit Test: Unit - 5 and 6 II Unit Test: Unit - 7, 8 and 9
Second Term Exam	Second Term Examination: Chapter- 1, 3, 4, 5, 6, 7, 8 and 9
Final Term Unit Test	I Unit Test: Unit -9 and 10 II Unit Test: Unit - 2 and 11
Final Term Exam	Final Term Examination: Unit - 1 to 11.

Month	Topic
Baisakh (April-May)	UNIT1: Human Body Lesson 1- Digestive System
Jestha (May-June)	UNIT1: Human Body Lesson 2- Respiratory System Lesson 3- Circulatory System Lesson 4- Urinary System
Ashad (June-July)	UNIT 6: Physical Training and Drill
Shrawan (July-August)	UNIT 2: Community Health and Mental Health Lesson 1- Community Health Lesson 2- Traditional and Alternative Health Services Lesson 3: Friendly and Healthy Behaviour among adolescents Lesson 4: Mental Health Revision for First Term
Bhadra (August-September)	Lesson 5- Drug Abuse UNIT 4: Disease, Safety and First Aid Lesson 1- Disease Lesson 2- Safety and First Aid
Ashwin (September-October)	Unit 3: Nutrition and Food Security Lesson 1- Nutrients: Introduction, Sources and Functions Lesson 2: Harmful Effects of Poisonous or Toxic Food
Kartik (October- November)	Lesson 3- Food Adulteration UNIT 5 - Sexual and Reproductive Health Lesson 3- Sexual Orientation and Gender Identity Lesson 4- Menstruation/ Period Lesson 5- Sexual Abuses/ Molestation Revision for Second Term
Mangsir (November-December)	Lesson 1- Safe sexual Behaviour Lesson 2- Adolescent- Friendly Health Services UNIT 10: Introduction to Arts Lesson 1: Introduction to Arts Lesson 2- Colours Lesson 3: Materials of Painting Lesson 4- Drawing of Birds and Animals
Poush (December-January)	UNIT 9: Yoga Lesson 1 - Yoga UNIT 8: Games

	Lesson 1- Volleyball and Football Lesson 3- Kabbadi and Kho-Kho	Lesson 2- Basketball and Cricket
Magh (January - February)	UNIT 7: Athletics and Adventure Activities Lesson 1- Athletics UNIT 11: Print, Clay Work and Collage Lesson 1- Print, Clay Work and Collage	Lesson 2- Adventure Sports
Falgun (February- March)	Unit 12: Music Lesson 1- Fundamentals of Music Lesson 3- Rhythm: Taal Unit 13: Dance and Acting Lesson 1- Introduction to Dance Lesson 3- Acting	Lesson 2- Vocal Lesson 4: Local Instruments Lesson 2- Gestures and Postures in Dance
Chaitra (March- April)	Revision for Final Term	

Syllabus for Unit Test and Terminal Examination	Chapter	
First Term Unit Test First Term Exam	I-Unit Test: UNIT 1: Chapter1 UNIT 2 :Chapter 1,2,3,4 First Term Exam: UNIT 1,2,6	II-Unit Test: UNIT 1: Chapter 2,3,4 UNIT 6: 1,2
Second Term Unit Test Second Term Exam	I-Unit Test: UNIT 4 Second Term Exam: UNIT 3,4,5	II-Unit Test: UNIT 3 , UNIT5
Final Term Unit Test Final Term Exam	I-Unit Test: UNIT 10,9,8 Final Term Exam: UNIT 7,8,9,10,12,13	II-Unit Test: UNIT 7,12,13